

Samedi 1^{er} Décembre 2018
8 h 30 - 17 h 30
Faculté de Médecine de Créteil
8 rue du Général Sarrail, 94000 Créteil ; Métro Ligne 8, Station Créteil L'Échat



Pré-oxygénation par VNI vs. HFOT pour l'intubation: Résultats FLORALI 2

Pr. Arnaud W. THILLE, MD-PhD
Médecine Intensive Réanimation,
CHU de Poitiers
INSERM CIC 1402, Equipe 5 ALIVE
(Acute Lung Injury and Ventilation)
aw.thille@gmail.com



Conflicts of Interest

I have received travel expenses coverage to attend scientific meetings (transport & accommodation)

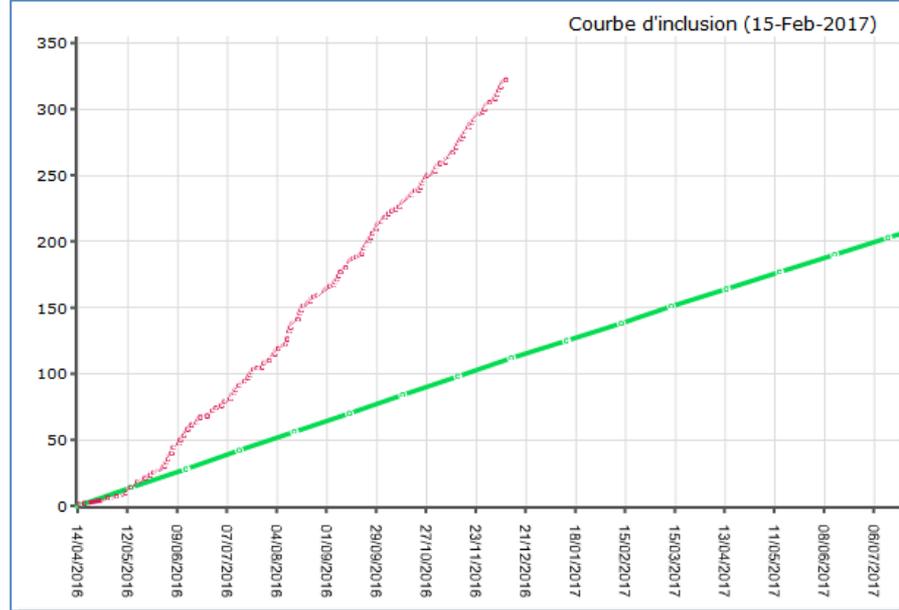
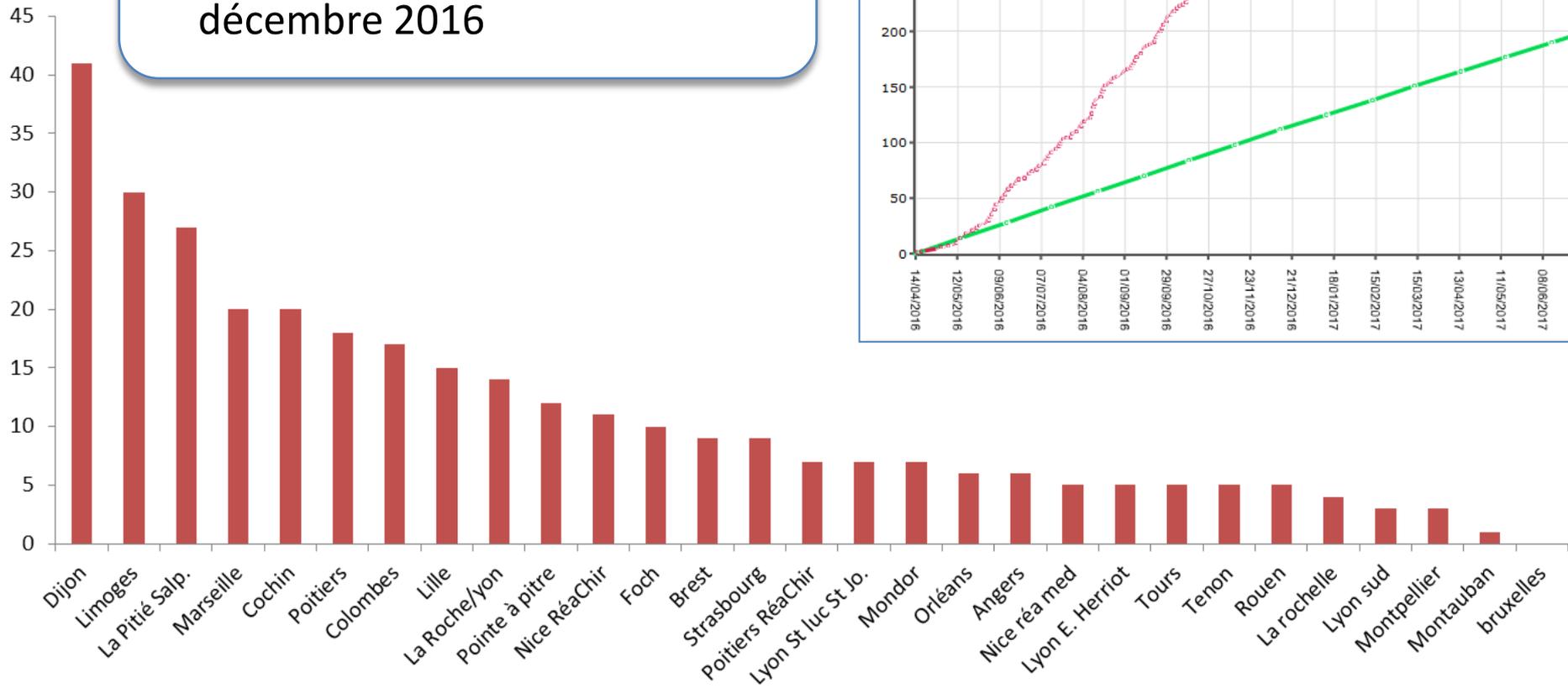
by Covidien, General Electric Healthcare, Maquet - Getinge and Fisher & Paykel

➤ **No income personal fees**

**Non-invasive Ventilation versus High-Flow Nasal Cannula Oxygen Therapy
with apnoeic oxygenation for Pre-Oxygenation before Intubation of
Patients with Acute Hypoxemic Respiratory Failure. A randomised
multicentre open label trial.**

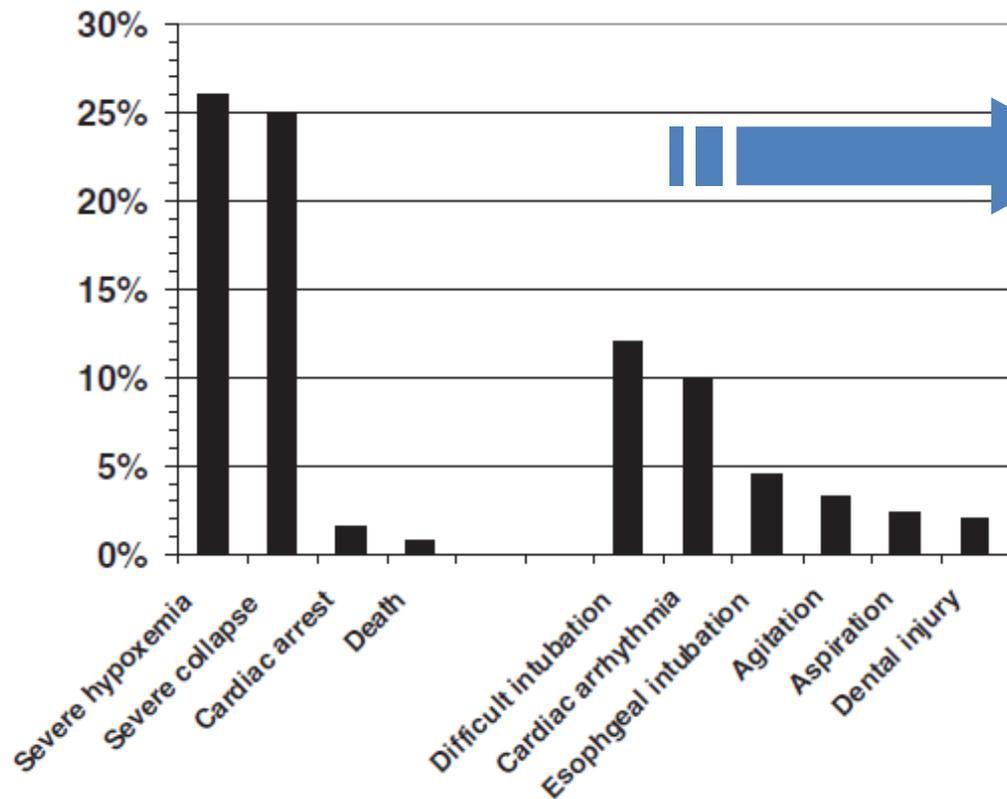
Jean-Pierre Frat, MD¹, Jean-Damien Ricard, PhD², Jean-Pierre Quenot, PhD^{3,4}, Nicolas Pichon, MD⁵, Alexandre Demoule, PhD^{6,7}, Jean-Marie Forel, MD⁸, Jean-Paul Mira, PhD⁹, Rémi Coudroy, MD¹, Guillaume Berquier, MD², Benoit Voisin, MD¹⁰, Gwenhaël Colin, MD¹¹, Bertrand Pons, MD¹², Pierre Eric Danin, MD¹³, Jérôme Devaquet, MD¹⁴, Gwenael Prat, MD¹⁵, Raphaël Clere-Jehl, MD¹⁶, Franck Petitpas, MD¹⁷, Emmanuel Vivier, MD¹⁸, Keyvan Razazi, MD¹⁹, Mai-Anh Nay, MD²⁰, Vincent Souday, MD²¹, Jean Dellamonica, PhD²², Laurent Argaud, PhD²³, Stephan Ehrmann, PhD²⁴, Aude Gibelin, MD²⁵, Christophe Girault, MD²⁶, Pascal Andreu, MD³, Philippe Vignon, PhD^{5,27}, Laurence Dangers, MD⁶, Stéphanie Ragot, PhD²⁸, Arnaud W. Thille, PhD¹, for the FLORALI-2 study group, and REVA network.

- 28 centres participants
- 322 inclusions d'avril 2016 à décembre 2016



Rationnel de l'étude

Complications de l'intubation en réanimation



Complication la plus fréquente
Hypoxémie sévère
(SpO₂ < 80%): 26%

Objectif de la pré-oxygénation

Augmenter la PaO₂

pour retarder l'hypoxémie et sécuriser la procédure d'intubation

Arrêt cardiaque
2 à 3% des
intubations

| Characteristics | Overall (n = 1,847) | Intubation-Related Cardiac Arrest (n = 49) | No Intubation-Related Cardiac Arrest (n = 1,798) | p |
|---|------------------------|--|--|--------|
| Emergency characteristic of intubation, n (%) | | | | 0.006 |
| Real emergency | 730/1,773 (40) | 30/48 (63) | 700/1,725 (40) | |
| Relative emergency | 870/1,773 (48) | 18/48 (37) | 852/1,725 (49) | |
| Deferred emergency | 173/1,773 (10) | 0/48 (0) | 173/1,725 (10) | |
| Length between admission and intubation (d), median (25–75% IQR) | 1 (0–5) | 0 (0–2) | 1 (0–5) | 0.055 |
| Preoxygenation, n (%) | 1,781 (96) | 88% | 1,738 (98) | 0.0009 |

Pré-oxygénation: quelle méthode?



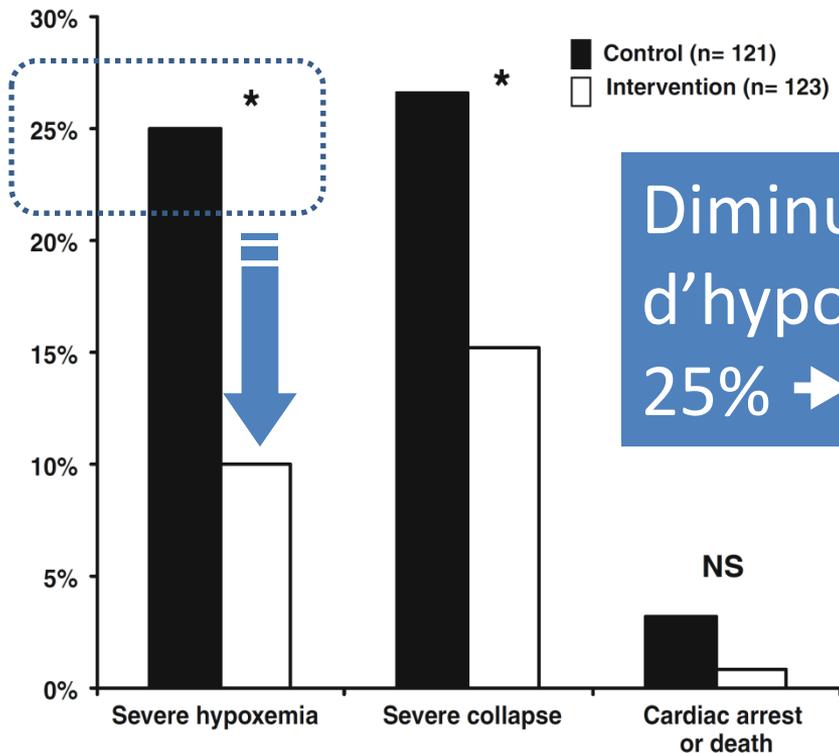
Au ballon avec réserve et au moins 15 L/min d'oxygène pendant 3 à 5 minutes

Chez les patients hypoxémiques en réanimation
Pré-oxygénation par VNI ? HFOT ?

Pré-oxygénation par VNI

Samir Jaber
Boris Jung
Philippe Corne
Mustapha Sebbane
Laurent Muller
Gerald Chanques
Daniel Verzilli
Olivier Jonquet
Jean-Jacques Eledjam
Jean-Yves Lefrant

An intervention to decrease complications related to endotracheal intubation in the intensive care unit: a prospective, multiple-center study



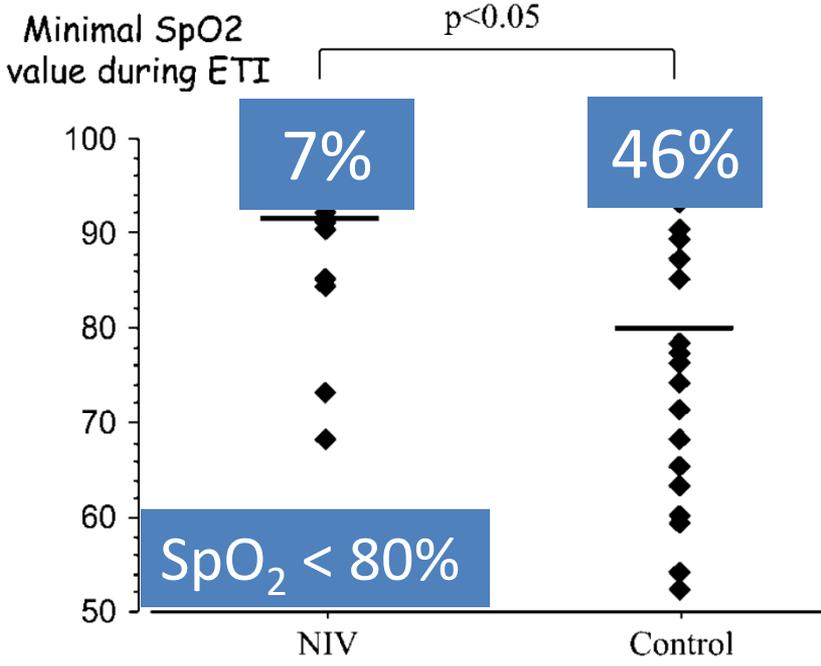
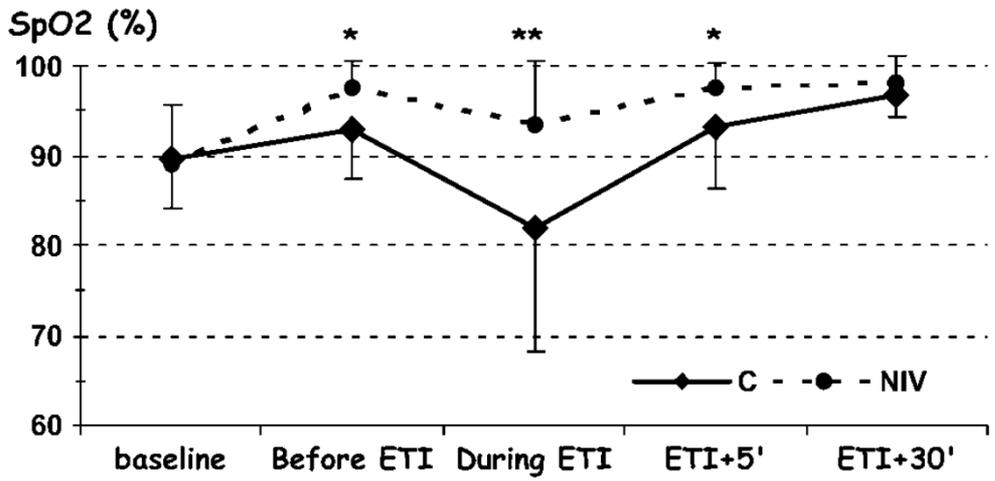
Diminution des épisodes d'hypoxémie sévère ($SpO_2 < 80\%$)
25% → 10%

Noninvasive Ventilation Improves Preoxygenation before Intubation of Hypoxic Patients

53 patients

Christophe Baillard, Jean-Philippe Fosse, Mustapha Sebbane, Gérald Chanques, François Vincent, Patricia Courouble, Yves Cohen, Jean-Jacques Eledjam, Frédéric Adnet, and Samir Jaber

Department of Anesthesiology and Intensive Care, and SAMU 93, Avicenne Hospital, Paris 13 University-AP-HP, Bobigny; Intensive Care Unit, Department of Anesthesiology, DAR B University Hospital of Montpellier, and Saint Eloi Hospital, Montpellier University, Montpellier, France



Effect of preoxygenation using non-invasive ventilation before intubation on subsequent organ failures in hypoxaemic patients: a randomised clinical trial

C. Baillard^{1,*}, G. Prat², B. Jung³, E. Futier⁴, J. Y. Lefrant⁵, F. Vincent⁶, A. Hamdi⁷, E. Vicaud⁸ and S. Jaber³

Table 3 Characteristics of patients during and after intubation. Data are presented as n (%) or median (interquartile). NIV, non-invasive ventilation

| Variables | Preoxygenation NIV n=99 | Preoxygenation face mask n=102 | P |
|--|----------------------------|-----------------------------------|------|
| Patients with at least one adverse event during preoxygenation or intubation | 21 (21.4%) | 29 (28.7%) | 0.24 |
| SpO ₂ <80% | 18% | 28% | 0.10 |
| Arrhythmia with haemodynamic failure | 3 (3.1%) | 1 (1%) | |
| Regurgitation | 0 (0%) | 5 (5.3%) | |
| Myocardial ischaemia | 0 (0%) | 5 (5.3%) | |
| Preoxygenation failure [†] | 0 (0%) | 5 (5.3%) | |
| Total number of adverse events | 23 | 38 | |

Pré-oxygénation par HFOT

Use of High-Flow Nasal Cannula Oxygen Therapy to Prevent Desaturation During Tracheal Intubation of Intensive Care Patients With Mild-to-Moderate Hypoxemia*

Romain Miguel-Montanes, MD¹; David Hajage, MD²; Jonathan Messika, MD^{1,3,4}; Fabrice Bertrand, MD¹; Stéphane Gaudry, MD^{1,3,4}; Cédric Rafat, MD¹; Vincent Labbé, MD¹; Nicolas Dufour, MD^{1,3,4}; Sylvain Jean-Baptiste, MD¹; Alexandre Bedet, MD¹; Didier Dreyfuss, MD^{1,3,4}; Jean-Damien Ricard, MD, PhD^{1,3,4}

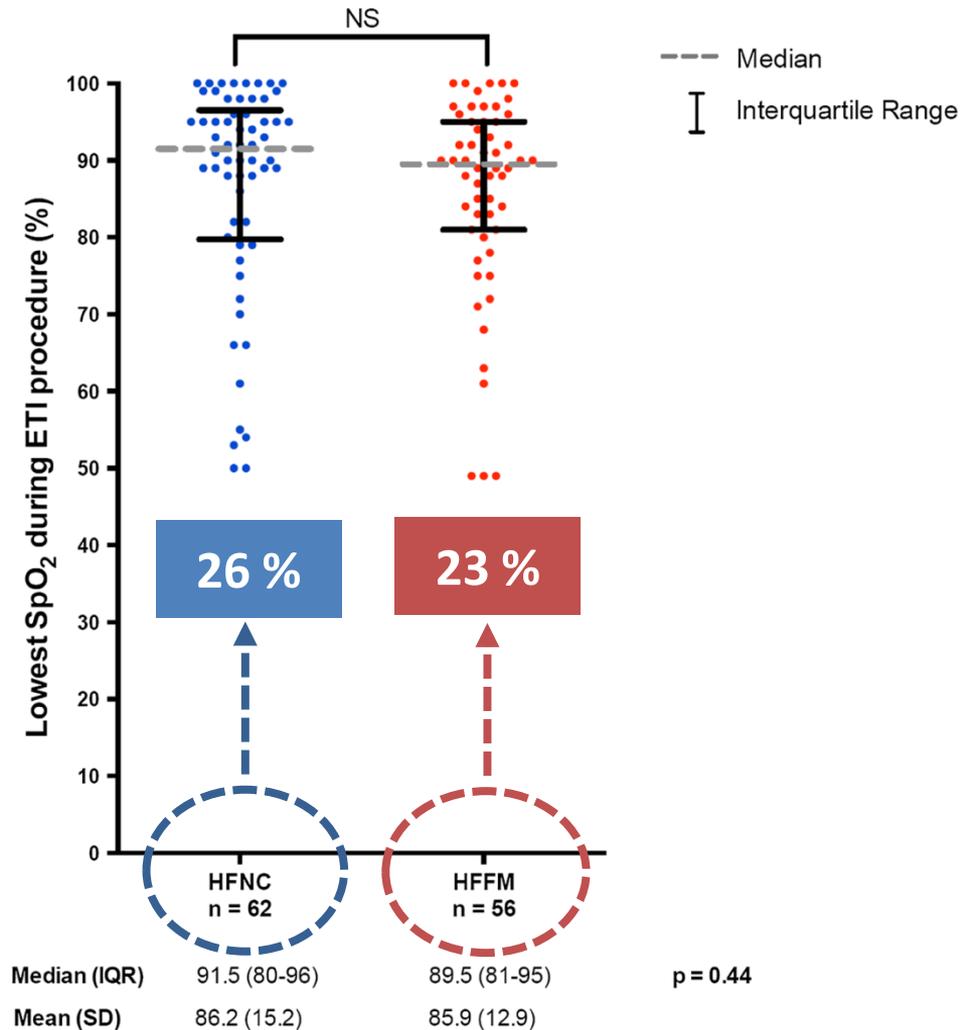
TABLE 2. Oxygenation Variables, Adverse Events During and After Intubation, and ICU Mortality

| Variable | Nonbreathing Bag Reservoir Facemask | High-Flow Nasal Cannula Oxygen | p |
|--|-------------------------------------|--------------------------------|-----------------------|
| | n = 50 | n = 51 | |
| SpO ₂ after preoxygenation, % median (IQR) | 100 (98–100) | 100 (100–100) | 0.01 ^a |
| Lowest SpO ₂ , median (IQR) | 94 % | 100 % | < 0.0001 ^b |
| SpO ₂ < 80%, n (%) | 14 % | 2 % | 0.03 ^a |



Mickaël Vourc'h
Pierre Asfar
Christelle Volteau
Konstantinos Bachoumas
Noémie Clavieras
Pierre-Yves Egreteau
Karim Asehnoune
Alain Mercat
Jean Reignier
Samir Jaber
Gwenael Prat
Antoine Roquilly
Noëlle Brule
Daniel Villers
Cédric Bretonniere
Christophe Guitton

High-flow nasal cannula oxygen during endotracheal intubation in hypoxemic patients: a randomized controlled clinical trial



26 %

23 %

HFNC
n = 62

HFFM
n = 56

p = 0.44

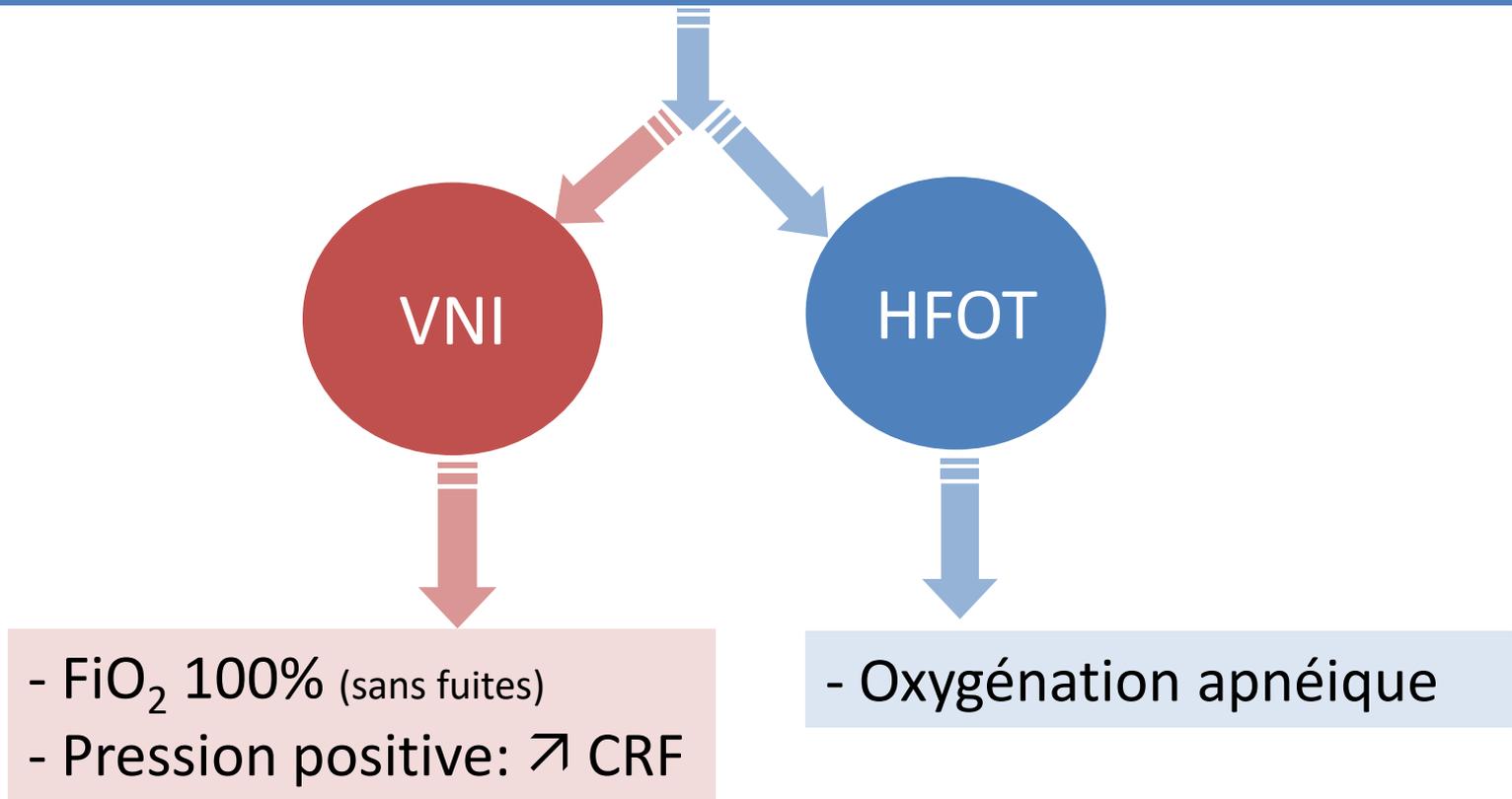
Recommandation SRLF

R4.1 – Non-invasive ventilation should probably be used for pre-oxygenation of hypoxaemic patients in ICU ([Grade 2+] strong agreement).

R4.2 – It is possible to use high-flow nasal oxygen (HFNO) for pre-oxygenation in ICU, especially for patients not severely hypoxaemic (Expert opinion: strong agreement).



Avantage théoriques de chaque technique



FLORALI 2

300 patients intubated with acute respiratory failure

RR > 25/min or signs of respiratory distress and $\text{PaO}_2:\text{FiO}_2 \leq 300$ mm Hg

Randomization

Stratification on $\text{PaO}_2:\text{FiO}_2$
($\text{PaO}_2:\text{FiO}_2 \leq 200$ mm Hg)

NIV

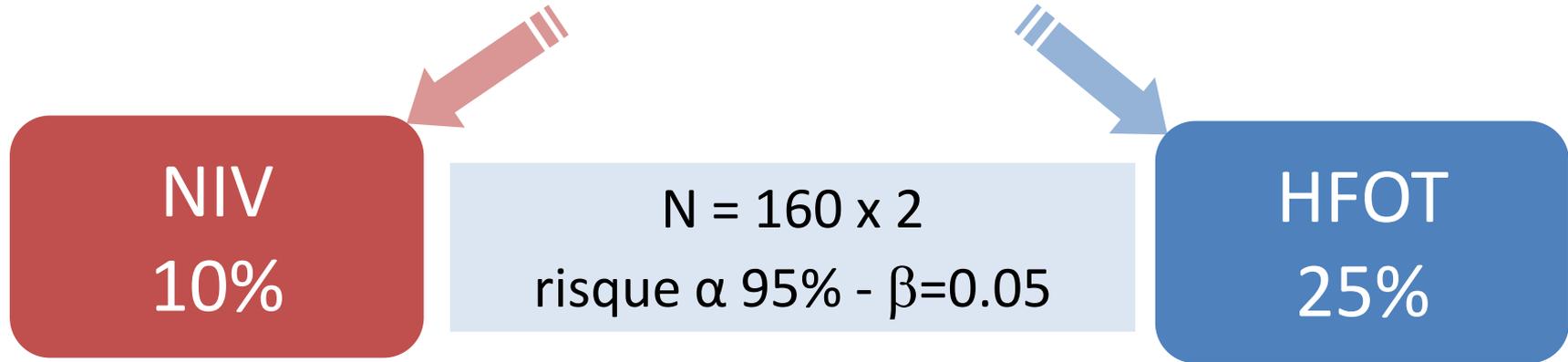
PS $\rightarrow V_T$ 6-8 ml/kg
PEEP 5 - FiO_2 100%

Hypothesis: NIV > HFOT

HFOT

Flow 60L/min
- FiO_2 100%

Primary outcome: severe hypoxemia ($SpO_2 < 80\%$)



Objectifs secondaires:

SpO_2 en fin de pré-oxygénation, SpO_2 la plus basse pendant la procédure

Complications

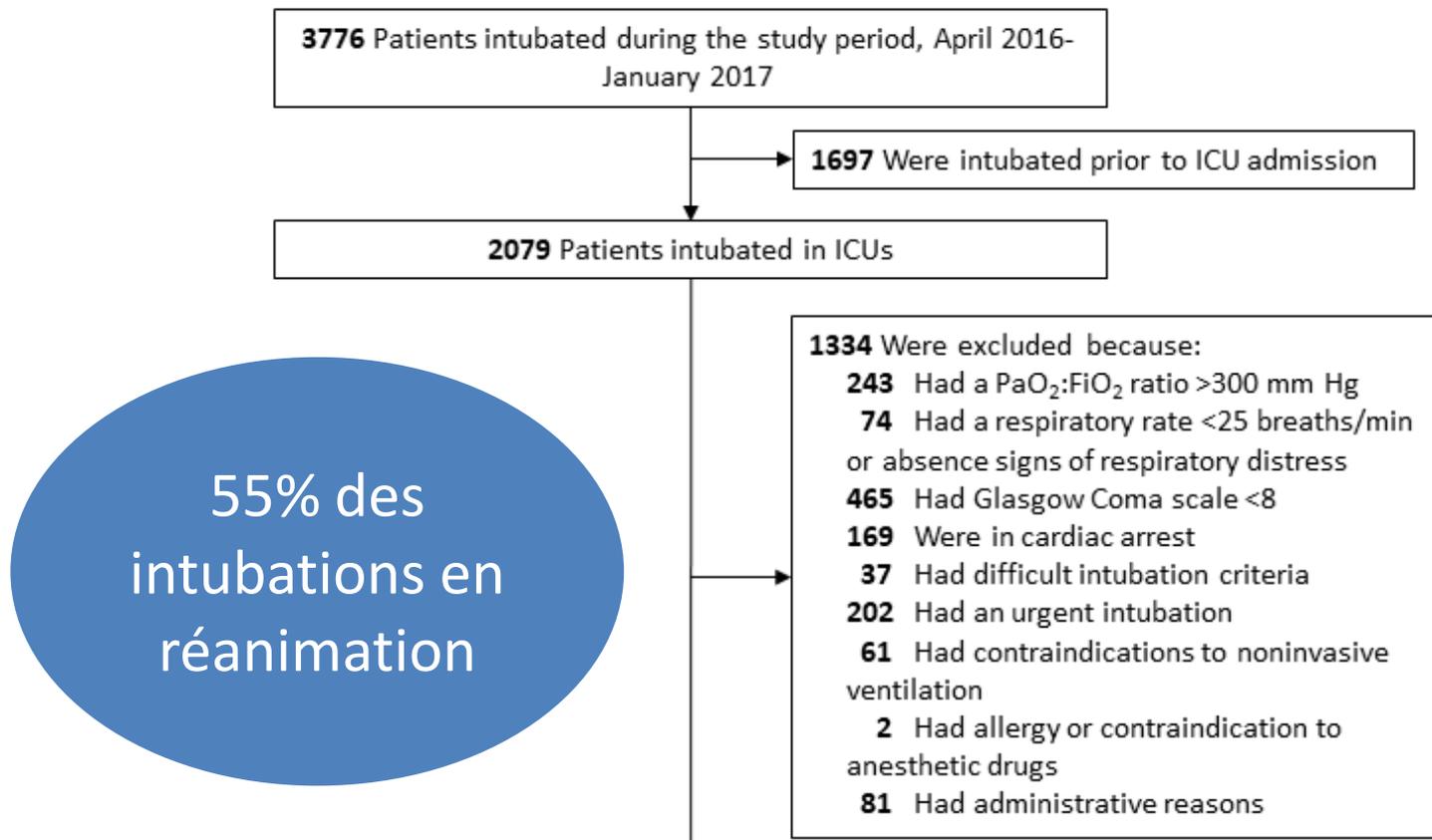
- Immédiates: régurgitation, infiltrat pulmonaire, trouble du rythme, hypotension
- Tardives: PAVM, SOFA, durée VM, mortalité en réanimation et à J28

Methods

- Dedicated SpO₂ monitor to all participating centers (COVIDIEN)
- Review of SpO₂ curve recording (unaware of study group)



Flow chart of the study



745 Eligible for inclusion

423 Were excluded
4 For pulse oxymetry dysfunction
88 Declined to participate
331 Had logistical reasons

N= 322

Stratification on PaO₂/FiO₂ ratio (PF ≤ 200 mm Hg) and centers

NIV n=142

1 Not intubated
1 Was under law protection
3 Had no recorded data

142 Included in the intention-to-treat analysis and in the 28-day follow up

HFOT n=171

1 Withdrew consent
1 Did not receive treatment
2 Had no recorded data

171 Included in the intention-to-treat analysis and in the 28-day follow up

Table 1: Baseline Characteristics of the Intention-to-Treat Population according to Study Group

| | NIV (n=142) | HFOT (n=171) |
|---|------------------------|-------------------------|
| Age, year | 64±13 | 64±14 |
| Male sex, n (%) | 101 (71) | 111 (65) |
| Body-mass index, ^a kg/m ² | 27±7 | 27±6 |
| SAPS II ^b , point | 52±20 | 51±19 |
| Oxygen device the last hour before inclusion, n (%) | | |
| Standard oxygen | 63 (44) | 73 (43) |
| HFOT | 48 (34) | 57 (33) |
| NIV | 31 (22) | 41 (24) |
| Vasopressor support at inclusion, n (%) | 27 (19) | 35 (20) |
| Bilateral pulmonary infiltrates, n (%) | 88 (73) | 106 (73) |
| Respiratory rate, breaths/min | 30±8 | 31±8 |
| PaO ₂ :FiO ₂ ratio, mm Hg | 142±65 | 148±70 |
| Stratification sub-groups, n of patients/total, n (%) | | |
| PaO ₂ :FiO ₂ ratio > 200 mm Hg | 25 (18) | 46 (27) |
| PaO ₂ :FiO ₂ ratio ≤ 200 mm Hg | 117 (82) | 125 (73) |
| MACOCHA score, ^d n (%) | | |
| <3 | 119 (84) | 144 (85) |
| ≥3 | 23 (16) | 26 (15) |
| Cormack III or IV, n of patient/total, ^e n (%) | 13 (9) | 16 (9) |
| Intubation Difficulty Scale, ^f n (%) | | |
| ≤5 | 121 (87) | 151 (89) |
| >5 | 18 (13) | 18 (11) |

Before inclusion

O₂ > 40%

HFOT > 30%

NIV > 20 %

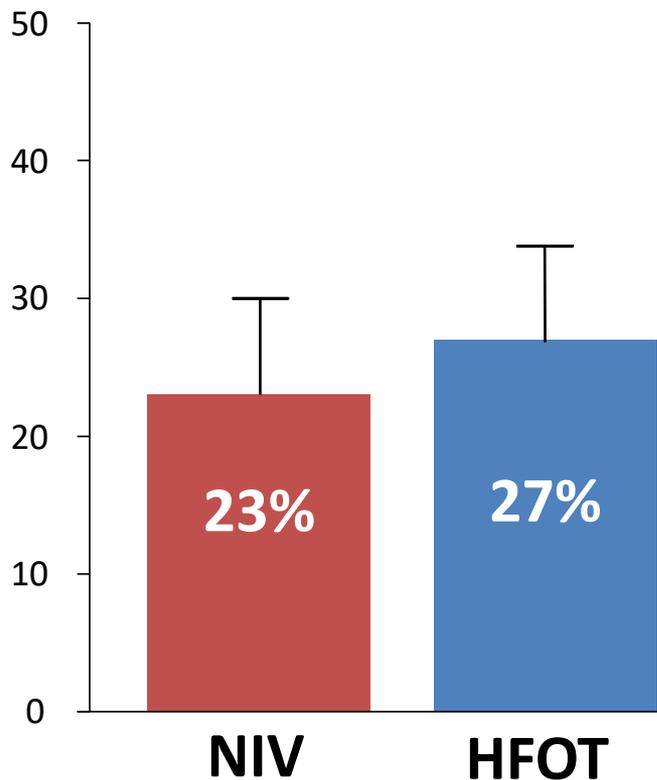
Vasopressors 20%

PaO₂:FiO₂ ≤ 200 mm Hg:
77% (n=242)

Difficult intubation: 10-15%

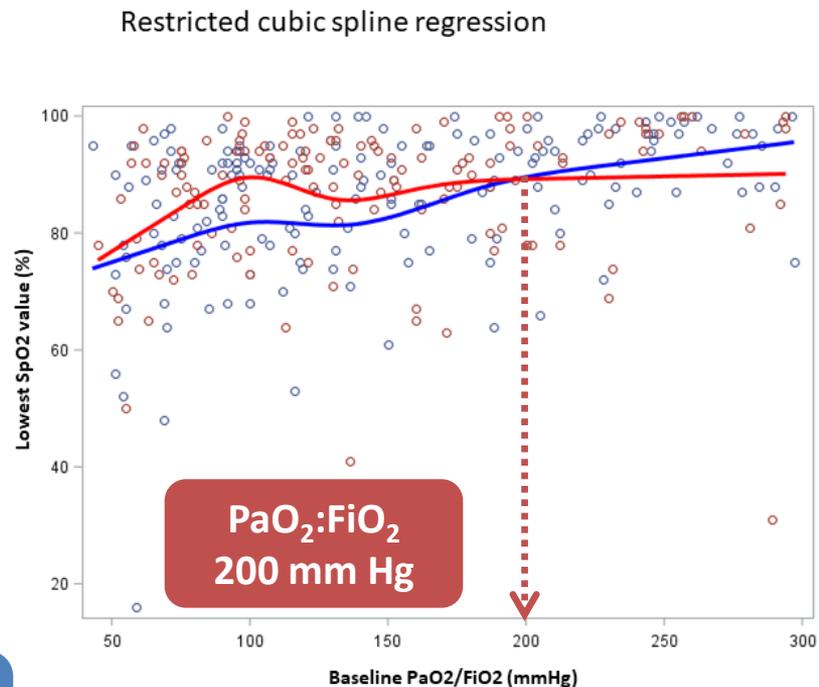
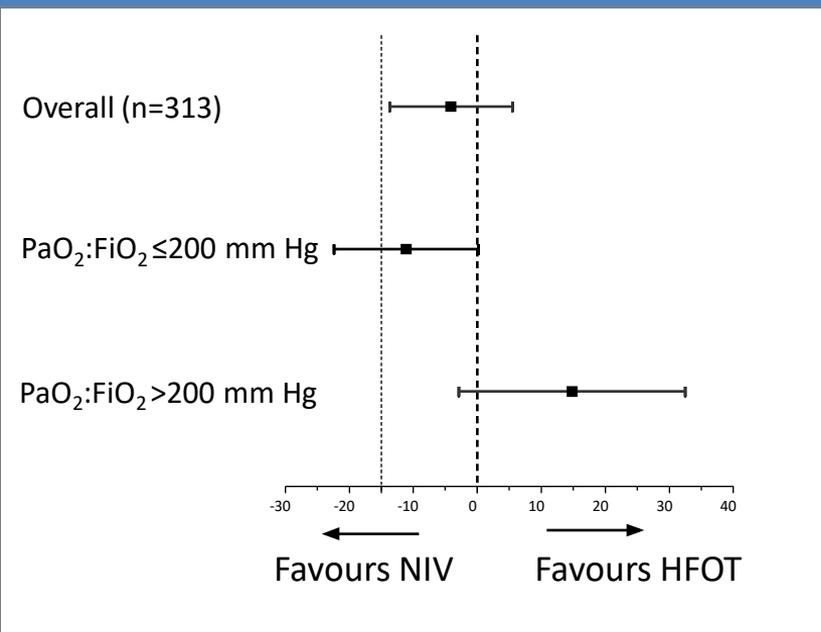
Main Results

Primary outcome in overall population (N=313)

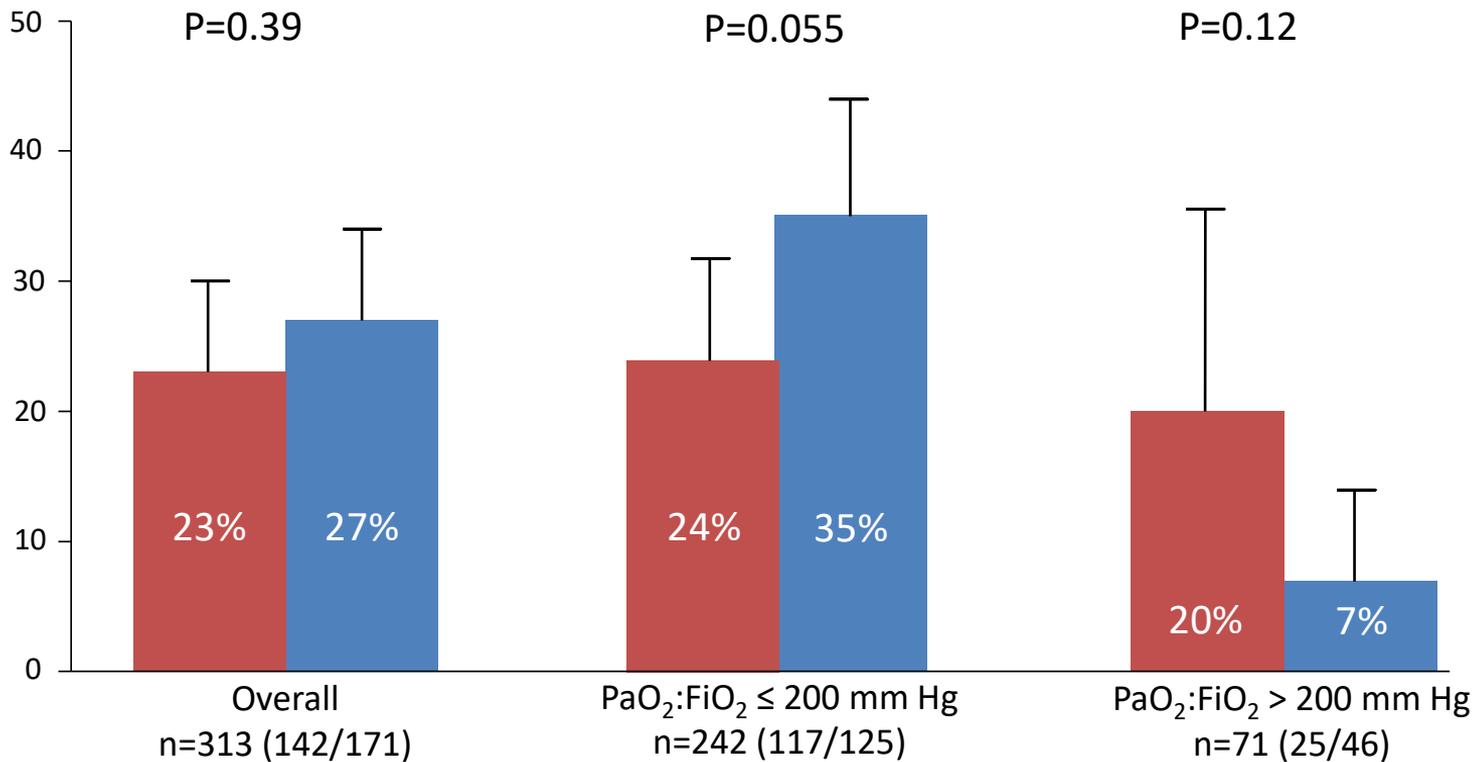


Rate of severe hypoxemia
(SpO₂ < 80%): 23% vs. 27%, p=0.39

Test d'interaction positif ($p = 0.03$)

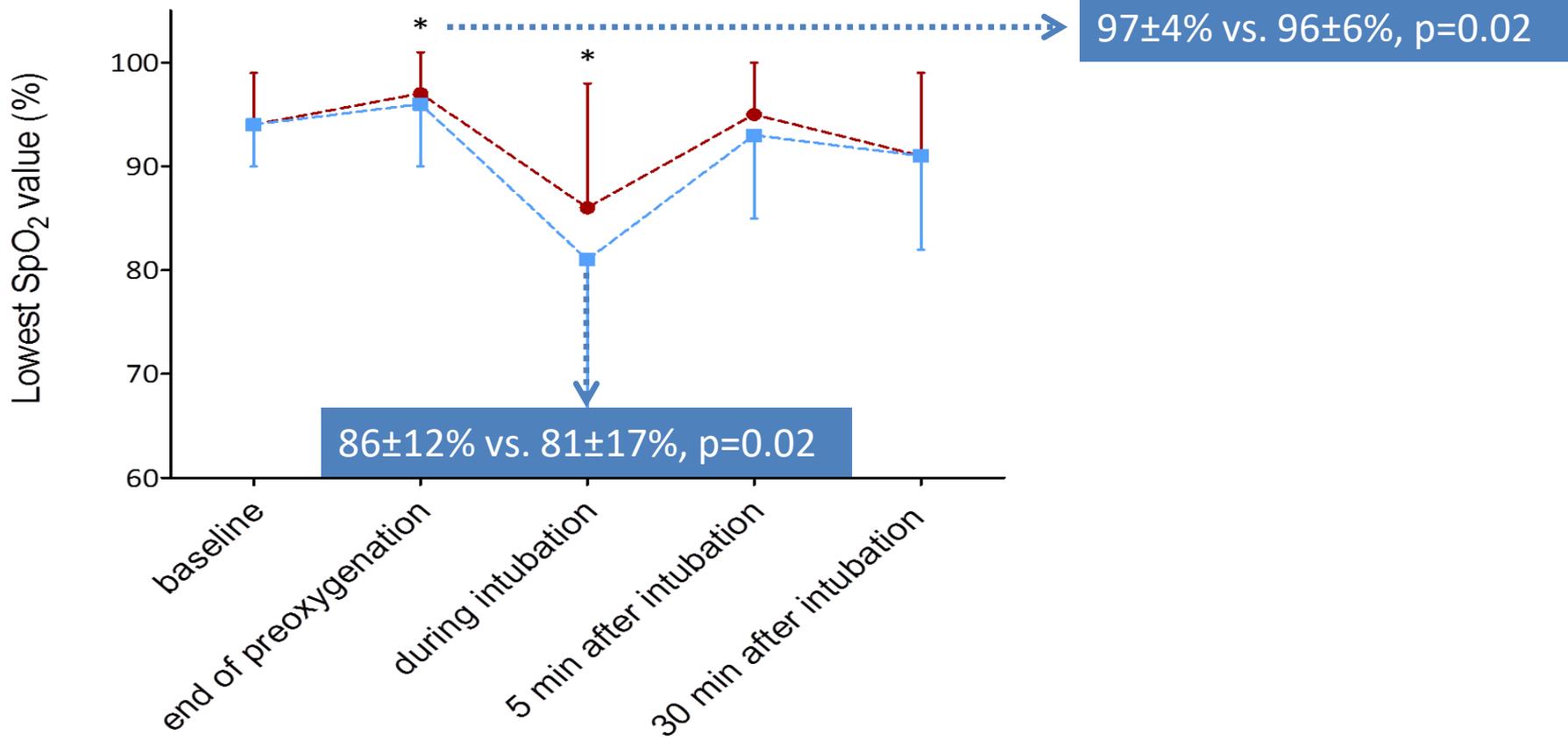


Qualitative interaction between the level of PaO₂:FiO₂ at baseline and treatment

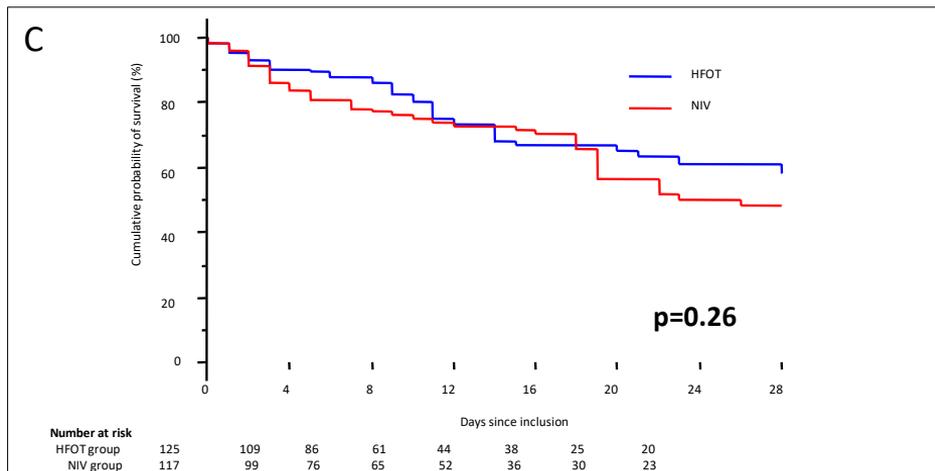
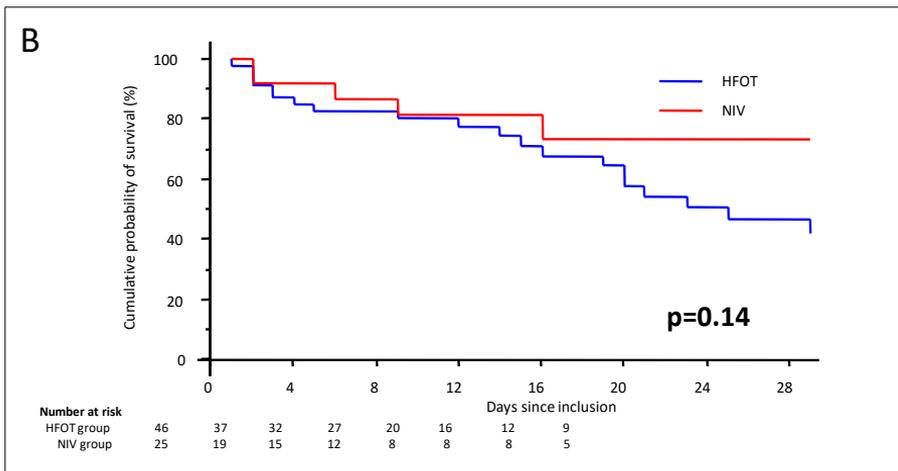


The risk of severe hypoxemia was significantly lower with NIV than with HFOT after adjustment for PaO₂ at randomization, adjusted odds ratio 0.56 (95% CI, 0.32-0.99, p=0.0459)

Patients with $\text{PaO}_2:\text{FiO}_2 \leq 200$ mm Hg



Mortality at day 28



Conclusions

1. Preoxygenation with NIV or HFOT during intubation procedure did not change the risk of severe hypoxemia and other immediate or late complications.

2. However, NIV enabled preventing severe hypoxemia in the pre-specified stratum of patients with severe-moderate hypoxemia as compared with HFOT.

- 28 centres participants
- 322 inclusions d'avril 2016 à décembre 2016

